

Greetings

Things happen for a good reason, and there are no accidents. I'm always amazed at how the traumas and dramas of life appear to be one way on the surface and are usually much different if we investigate the underlying causes. The emotions that are involved in stressful situations can cloud our judgment and produce less than satisfactory results.

Many years ago, I worked for a Director of a company who produced stress in the lives of everyone that were unfortunate enough to be his subordinate. He believed that if 40% of his decisions were correct, then he was a successful executive. Emotional decisions were his trademark and eventually he lost his employment, and he left more than a few wounded people in his wake. Even though I experienced some emotional hardships from this executive's management style, I learned some valuable lessons about decision-making.

I learned that the best decisions are made without emotions. Understanding the family system dynamics, doing the inner child work, practicing the healing sounds for the organs, which discharge the emotions, and maintaining a practice of meditation and prayer will provide the foundation for good decisions. All of the self-improvement books, tapes, or seminars in the world will not heal the emotional body without your dedicated effort.

As a facilitator/healer, I have to be the Grand Observer of my clients and myself. With few exceptions, emotional healing takes place when we are 'ready'. Timing is an important part of healing because as a healer, I have to know when it, truly, is time. If a client comes to me for help, I have to determine if that person has certain issues that must be 'lived out' before wholeness is restored. I would still work with that person, but I recognize that knowledge comes from experiences. In some cases, the client has limited healing because some issues have to be 'lived out' before deeper weaknesses can be observed.

The Taoist teach balance and harmony at all levels, but I am constantly reminded that to be in the world is to be tainted by the world. If you have trouble making a decision, maybe it is not time to make it...even God rested on the seventh day.

To all of my Internet friends, I want to announce the completion of my new book, "Secret Faith." The book is a novel based on a true story. It chronicles the life of a spiritual man who follows a path, which is filled with phenomenon, miracles, healing, spiritual battles, and a vision of the future. Reluctantly, I must admit that the book is about my life. My daughter, the Mother of two of my Grandchildren, convinced me to write this book, and I, finally, relented.

The book will be available from the website, www.healingself.com, within a few weeks, and other places later.

Peace Be With You.....Garry

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