

This newsletter represents my second attempt at performing the monthly duty of producing this assemblage of words. My first efforts for the October newsletter started before the horrific events that took place on September 11, and I had written a fair amount before I became glued to the television. As I watched the surreal replays of the carnage, I heard numerous explanations concerning the mindset of the terrorist. According to the media, the terrorists were part of an Islamic radical group, who 'hated' us. For days, I listened to debate after debate from experts on terrorism to clerics expounding their views about evil. The rhetoric that I heard provided the necessary impetus for me to write a different newsletter than originally contrived.

Billy Graham, who has been known as the conscience of America, spoke at a beautiful memorial service and stated that evil was mysterious and hard to define. Some in the media used the word, 'evil', loosely, while others said that the word was archaic and not fit for the twenty-first century. In this newsletter, I will simplify the understanding of the words, 'hate' and 'evil'.

To understand 'hate', we have to understand 'love'. It took me a lot of discipline in Taoist techniques to be able to differentiate between the 'love' that is centered in the solar plexus region just below the sternum and the 'love' centered in the heart. Many of my clients have come to me for help with emotional issues concerning relationships. When asked of the physical location of their pain, the client will normally place their hand over the center of the chest and just below the sternum or describe a location in the middle of the back that hurts. The location of pain coincides with an energy center or chakra, which is associated with the emotional body. Without getting into a great deal of technical explanations, I'll explain the pain in simple terms. Whenever we have engaged in a bonded relationship, a connection is made to the other person through the astral. I see these connections as 'astral cords', which originate in the solar plexus chakra and terminate in the same region of the other person. The issues of the relationship will dictate the point of pain. As an example, a client came to me because she had 'broken up' with her boyfriend of three months. She was grieving and said her heart was broken. Of course, the emotional pain was centered in the middle of her chest below the sternum. To her, the pain was the result of her love for her boyfriend. Specifically, she was being yanked and pulled by the emotional cords that connected her to the boyfriend.

Another familiar example of the 'broken heart', involves the Internet. I have counseled a number of Internet romances that have gone wrong, which exemplifies another type of love... the phantasy of love. The Internet provides a near perfect medium for this type of love. Although this kind of love was more prevalent among the female gender before the Internet, it crosses the genders today. Without having to get into the dynamics of this type of interaction, you can see how the Internet can match the perfect man to the perfect woman and vice "versa". The phantasy of the perfect mate or lover, usually, falls short of the "until death do you part" and validates the emotional issues of the individuals, but the pain can be the same. As typical as this example is, I am astounded that our culture believes that 'love hurts'. The confusion about love is certainly understandable because orthodoxy does not understand love. According to almost all therapists, love is described as an emotion, and the type of love that they define occurs in the emotional body. The emotional body 'love' comes with conditions, control issues, judgment, and attachments. I present to all of you that the other love of which most people are searching for, is not an emotion, but a state of being. Love that exists in the heart center is unconditional and non-interfering. Learning to differentiate between emotional love and love of the heart entails a path into higher consciousness and work. The great spiritual leaders in our history spoke and wrote about the heart. The opening of the heart center is the result of a dedicated practice of inner

alchemy, meditation, and prayer. Once the heart is open, you will be able to discern the extent of your relationships... past and present. If you have ever truly loved someone from the heart, you will always love that person, regardless of the emotions. The only way to remove love from the heart comes from another state of being... hate. I have found that most people confuse hate with emotions like resentment, jealousy, anger, despise, and etc. If those emotions are continually fertilized, you risk affecting your state of being... the heart. Let me be quite blunt. Love comes to man from God, and it impinges upon him at all levels. Man can deny it, reject it, or embrace it. It is our choice.

Humankind and the ambit of the human experience have demonstratively exposed an evil that has raised its ugly head many times in our past. The doorway to that evil comes from that state of being called 'hate'. Forces of evil feed upon hatred and foster the destruction of the soul. In the Western World, I've heard much talk about evil, but the Western man has no real understanding of the evil that exists in other parts of the world, such as the Far East and Middle East. An old evil has been coming to the West for a long time, and we have allowed it because of our ignorance. Father Malachi Martin, the deceased author of "Hostage to the Devil", stated in his book that there was a 750 percent increase in the number of Exorcisms performed between the early 1960's and the mid-1970's. According to Father Malachi Martin, thousands of major and minor Exorcisms are performed each year with requests for the Rites increasing at alarming rates. His observations, as an Exorcist, coincide with mine. I know that the word, 'evil', may be archaic and trite to some, but if you have had to confront it, as I have, your belief would change.

In conclusion, the great religious texts of the world have many passages about evil and hatred. So, do not be fooled into thinking that the events that happened on September 11, 2001 were anything but evil. We, as humans living in America, have a great opportunity. We have an opportunity to go back to those principles and values that our foundation was built upon. Jesus said, "No man can serve two masters: for he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon".

Who do you serve?

Peace Be With You

Garry

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